



Discussion for a movie night: Enjoy the film. Afterwards, here are some discussion questions that might help you to engage with others on the topics from the film.
Enjoy the time engaging with the film, your faith and friends.



Film Synopsis

Davis Mitchell (Jake Gyllenhaal) is losing his way in life. He seems to have everything in life, an enviable home with a Porsche in the garage, a successful career in finance and his seemingly perfect and beautiful wife, Julia (Heather Lind). Then the accident happens. In an instant, Julia is killed by a reckless driver and Davis' life is turned upside-down. Throughout the initial grieving process, the young investment banker comes to the realisation that he never truly loved his wife and that he had become numb to life. In trying to find his way, Davis takes the advice of his father-in-law, Phil (Chris Cooper), to take things apart that do not work. Also, he begins to find a therapeutic benefit to writing letters to a vending machine customer service representative, Karen Moreno (Naomi Watts), who attempts to help him in his bereavement. This unexpected relationship begins the deconstruction of Davis' life and the eventual rebuilding of his soul.



Discussion points for Reel Dialogue

1. Did you enjoy the film? What were the strengths and what were the weaknesses?
2. Does the Bible have anything to say about death? (Ecclesiastes 12:7, John 14:1-3)
3. What can we learn from grief? (Psalm 34:18, 2 Corinthians 1: 3-4)
4. Is God a mystery? (Colossians 2:2-3, Ephesians 3:5)
5. What does this film say about the value of fathers and husbands?
6. Does Jesus give us an answer to about grief?